September 2024

Dear Parents/Guardians,

There is a student in **Ms. Jones'** class who has a serious **LIFE THREATENING ALLERGY** to specific foodscontaining **DAIRY, PEANUTS, EGGS.** Serious adverse reactions may occur if this student ingests foods or comes in contact with snacks containing any of these food items**.**

Please make sure to read labels carefully, avoiding snacks that contain or have been processed in a facility with these ingredients.

**List of Safe Snacks for class**:

| Fresh fruit  Fresh vegetables  Oreo- golden or regular  Chex mix- traditional savory (blue bag)  Snyder pretzels  Anything by Made Good brand  Anything by Nature's Bakery brand  Anything by Hippeas brand  Graham Crackers  Teddy Grahams | **UNFLAVORED** original potato chips (the flavored kinds typically use milk preservatives) like Herrs, Ruffles, Pringles, Lays, Tostitos  Sun chips  Wheat Thins original  Del Monte mandarin oranges fruit cup  Act || **kettle corn** popcorn only |
| --- | --- |

We are requesting that you send snacks in their **original** packaging or fresh fruit/vegetables. Home baked snacks or snacks in Ziploc bags cannot be guaranteed to be safe, so please do **NOT** send them in. If a student brings in snacks with possible allergens, they will be allowed to eat them at lunch but not in the classroom.

We realize that this may be an inconvenience; however, these measures are necessary to provide a safe environment for all of our students. Please remind your child that they should not share any food/snacks during school hours.

Thank you for your cooperation in this matter. If you have any questions please don’t hesitate to call the Health Office.

Sincerely,

Stephanie Armstrong, BSN, RN, CSN, NCSN

TBS School Nurse

908-534-5729